



## COMMUNITY RESOURCES – TIA & ISCHEMIC STROKE

### CHAMPLAIN REGIONAL STROKE CENTRE WEBSITE

Website: [www.champlainstrokecentre.org](http://www.champlainstrokecentre.org)

The Champlain Regional Stroke Centre is accountable for providing leadership, development, implementation and coordination of Stroke care throughout the region and across all points in the spectrum of care (health promotion, primary and secondary prevention, pre-hospital, acute care, rehabilitation, and community reintegration including long-term care).

### STROKE INFORMATION SHEETS

**Ottawa:** [www.champlainstrokecentre.org/images/stories/community/stroke%20info%20cards\\_r5.1.pdf](http://www.champlainstrokecentre.org/images/stories/community/stroke%20info%20cards_r5.1.pdf)

**Renfrew:** [www.champlainstrokecentre.org/images/stories/community/stroke%20info%20cards\\_renfrew\\_r1.pdf](http://www.champlainstrokecentre.org/images/stories/community/stroke%20info%20cards_renfrew_r1.pdf)

**Eastern Counties:** [www.champlainstrokecentre.org/images/stories/community/stroke%20info%20cards\\_eastcounties\\_r1.pdf](http://www.champlainstrokecentre.org/images/stories/community/stroke%20info%20cards_eastcounties_r1.pdf)

### CHAMPLAIN COMMUNITY CARE ACCESS CENTRE (CCAC)

The first step to accessing community-based services is through the Champlain Community Care Access Centre (CCAC). The Champlain CCAC coordinates in-home services such as nursing, physical therapy, occupational therapy, and personal support to qualifying clients. The CCAC can also help link Stroke survivors to alternate services available in the community such as adult day programs, meal delivery services, assistance with shopping or cleaning, or transportation assistance. When people are no longer able to manage at home, the CCAC helps them consider other housing options or coordinate admission to a long-term care home.

Tel: 613-745-5525, Toll free: 1-800-538-0520

Web: [www.ottawa.ccac-ont.ca](http://www.ottawa.ccac-ont.ca)

---

#### **Clinic/Program:** The Ottawa Hospital Stroke Prevention Clinic

Civic Campus – 2nd floor; Section C2

1053 Carling Ave, Ottawa, ON K1Y 4E9

Tel: 613-798-5353, Option “0”

Fax: 613-761-5360

**Description:** The Ottawa Hospital (TOH) was designated as the site of the Regional Stroke Prevention Clinic (SPC) in the fall of 2004. This ensures that individuals who are at high-risk for Stroke in our region receive evidence-based care founded on best practices. The SPC provides an integrated, comprehensive, inter-disciplinary approach to Stroke prevention. The main objectives are to reduce delays and inefficiencies in risk factor management of high-risk Stroke patients and to facilitate timely access to surgical interventions.

**Appropriate for:** Individuals who are at high-risk for Stroke

**Hours:** By appointment

**Language:** English, French

**Cost:** N/A

**Referral:** Physician referral required.

To refer: Download referral form from:

[www.champlainstrokecentre.org/images/stories/prevention/spc\\_consultation\\_july\\_07\\_final.pdf](http://www.champlainstrokecentre.org/images/stories/prevention/spc_consultation_july_07_final.pdf); complete form and include recent test results, medications, and copy of CT report and advise patient to bring copy of CT head on CD; call clinic to make referral – instructions are then given as to where referral form is to be faxed; and, inform patient that clinic will contact them directly.

---



**Clinic/Program:** Hawkesbury and District General Hospital Stroke Prevention Clinic

1111 Ghislain Street, Hawkesbury, ON  
Tel: 613-632-1111 ext. 412 Fax: 613-636-6194  
Contact: Annie Rioux

**Description:** The Hawkesbury Stroke Prevention Clinic facilitates rapid assessment and management for patients at high-risk for Stroke or who have had a suspected TIA or other Stroke symptom.

**Appropriate for:** Patients at high risk for Stroke or who have had a suspected TIA or other Stroke symptom.

**Hours:** Tues to Fri: 8:30 a.m. to 4:30 p.m.

**Language:** English, French

**Cost:** N/A

**Referral:** Physician referral required.  
To refer: Complete referral form; include all lab results and CT reports; call clinic to request referral and fax form to clinic; and, inform patient that clinic will contact them directly with appointment date and time.

**Clinic/Program:** Vivre Avec Un A.C.V.

Centre de Santé Communautaire de L'Estrie  
Crysler : Tel : 613-987-2683  
Bourget : Tel : 613-487-1802  
Alexandria : Tel : 613-525-5544  
Cornwall : Tel : 613-937-2683

**Description:** Un programme d'éducation et de soutien pour les survivant(e)s d'un accident cérébro-vasculaire (Stroke) et leurs proches. C'est un programme de huit rencontres où nous discutons d'un thème différent avec un professionnel dans ce domaine.

**Appropriate for:** Patients who have had a suspected TIA or other Stroke symptom and family members.

**Hours:** Vary (locations across five counties based on demand)

**Language:** French

**Cost:** N/A

**Referral:** Self-referral

NOTES

---

---

---

---

---

---

---

---

---

---