



## COMMUNITY RESOURCES - CHRONIC KIDNEY DISEASE

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**Clinic/Program:** **The Ottawa Hospital Nephrology Clinic**

5th Floor, Riverside Campus  
Tel: 613-738-8207 Fax: 613-738-8384

**Description:** The Nephrology Clinic provides care to adults with all forms of Kidney Disease. The goal is to serve patients as close to their homes as possible.

**Appropriate for:** Patients and their families in Ottawa and the surrounding regions.

**Hours:** Mon to Fri: 7:30 a.m. to 5:00 p.m.

**Language:** English, French

**Cost:** N/A

**Referral:** Please follow referral guidelines below. Referral must be faxed to Nephrology Clinic. Once referral is received, it is reviewed by the Nephrologist on call and triaged.

**Guidelines for referral to The Ottawa Hospital Nephrology Clinic:**

- Patients should be referred to a nephrologist for:
  - eGFR less than 30 ml/min/1.73m<sup>2</sup>
  - Declining eGFR at a rate of more than 20% per year
  - Significant proteinuria: urine albumin to creatinine ratio (ACR) more than 60 g/mol
  - Failure to achieve treatment targets
- When faxing referral, include results of:
  - Urinalysis, ACR, Ultrasound of kidney, CBC, electrolytes, Ca, PO<sub>4</sub>, albumin, and all creatinines

For more information: Ottawa Hospital Nephrology Website

English: [www.ottawahospital.on.ca/hp/cpg/index-e.asp](http://www.ottawahospital.on.ca/hp/cpg/index-e.asp)

French: [www.ottawahospital.on.ca/hp/cpg/index-f.asp](http://www.ottawahospital.on.ca/hp/cpg/index-f.asp)

**Patient Education Brochure:** Patient education brochures are available for patients with *Stable Non-proteinuric (ACR <60) Chronic Kidney Disease*. Brochures are available in French and English; please contact 613-738-8400 Ext. 82700 to request more brochures. They will be mailed to you free of cost.

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### NOTES

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